

WALK & PLAY

COLOUR HUNT

How many different colours can you find?

- red
- orange
- yellow
- green
- blue
- pink

For extra fun take pictures of your favourite coloured items.



PLAY BUILDS BRAINS!

Reduces Stress | Increases Joy | Builds Strong Relationships

PLAY IN YOUR FAMILY UNIT - RESPECT PHYSICAL DISTANCING

COVID Community Support Information call 403-328-LINK (5465)



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