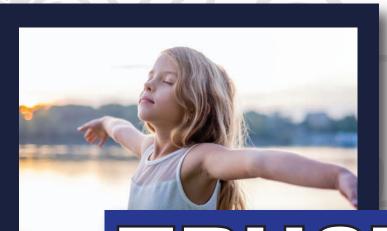
## WALK & PLAY



## TRUST WALK

Close your eyes and have another family member lead you on the walk.

## PLAY BUILDS BRAINS!

Reduces Stress | Increases Joy | Builds Strong Relationships

## PLAY IN YOUR FAMILY UNIT - RESPECT PHYSICAL DISTANCING

COVID Community Support Information call 403-328-LINK (5465)



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